

Open Doors-The Keys to Overcoming and Living Free

Chapter Overview

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Chapter 1 - What are Open Doors? In this chapter you will learn what an open door is. There are four areas of Open Doors: **Generational Sins, Sexual Immorality, Drugs and Addiction and the Occult and False Religion.** Having an open door in any of these areas will prevent you from living free and having an overcoming life. Chapter one also includes the steps to find peace with God, explains salvation, offers the prayer for salvation, and how to make Jesus Lord of your life.

Chapter 2 - The Open Door of Generational Sins- What generational sins have you been exposed to? This chapter will help you to understand the open door of generational sins. These are sins that are prevalent in your family line, they are things that your parents and grandparents participated in or allowed in their bloodline. They are a result of doors that were opened before you and thus pre-disposed you to those sins. A generational sin can lead to an open door in that area and can also lead you to opening that door in your own life and participating in that sin.

I have observed that many of us have open doors in this area. The good news is that the Lord can redeem that. He can close those doors so that moving forward they will not affect you, your children, or grandchildren again.

Chapter 3 - The Open Door of Sexual Immorality - This chapter explains all of the different ways sexual immorality opens a door to the enemy. It explains how to break soul ties formed through sexual immorality and how to overcome sexual temptations. It includes two stories of the heartbreak of abortion and how the Lord will bring healing and hope in that area. You will learn what the Bible says about sexual immorality and how you can be an overcomer and live free.

Chapter 4 - The Open Door of Drugs and Addiction - This chapter explains the open door of drugs and addiction. It explains in depth how

drugs and addiction open a door to the enemy, giving him the right to access and torment you. It gives an encouraging example of a person who was set free from a 30 year drug addiction. It includes helpful scriptures, and the lies of the enemy in this area. It talks about why getting to the root of why the person has become addicted is so important and how to overcome that addiction through Jesus Christ and the Word of God.

Chapter 5 - The Open Door of the **Occult and False Religion**-This chapter deals with how involvement in the occult and false religion opens the door to spiritual bondage and the enemy. Some people today are seeking power and unfortunately, they do not seek God through Jesus Christ the true source of life and power. They are blinded by the god of this age, the devil, (2 Cor. 4:4) and seek a power that is not of God, not understanding that the Bible strictly warns and forbids people about involvement in such activities.

This chapter also explains how the enemy is desensitizing adults and children of all ages to the dangers of the occult through occult movies and books, television, games, horoscopes, video games, occult toys, and even occult influenced cartoons. It offers a gripping example of a young woman who opened a door to the occult as a teenager and what happened as a result. It offers proven and biblical advice on how to overcome the enemy in this area.

Chapter 6 - **The Prayer that Sets You Free**- This chapter includes the prayer of how to close the open doors in your own life. It includes a helpful checklist and worksheet for you to use.

After you have closed the open doors in your life, use these key principles to maintain your freedom and live an overcoming life with the Lord.

Chapter 7 - **Roots-Strongholds in your Life**- This chapter explains the key to understanding the roots and strongholds that unfortunately, we all have in our lives. It examines Bible characters and the roots and godly

attributes in their lives. It shows the reader how to examine and pull out the roots in their own lives and replace them with godly attributes.

Chapter 8 - Guarding Your Heart- In this chapter discover the importance of guarding your heart in today's world. Proverbs 4:23 tells us above all else guard your heart! How do we do that? We guard our heart by being careful of what we **say, see, hear, think, and do**. These are most important keys to daily implement in our lives. This chapter also offers an example of someone who wasn't willing to guard their heart and what happened to them.

Chapter 9 - Overcoming Sin with Scripture-The Bible has the answers to all of our problems! Especially in the area of how to overcome sin with scripture. Learn how to overcome the sin in your life with the Word of God and these key principles.

Chapter 10 - Renewing Your Mind- How do we renew our mind? This chapter offers practical steps from the Word of God on how to renew our minds. Closing open spiritual doors in your life is so important and essential for living an overcoming life, but you must also renew your mind so that you can live life free and according to the Word of God.

Chapter 11 - Retraining Your Brain- Sometimes I counsel someone who doesn't want to do the work. They just want God to wave a wand over them and "poof," suddenly they are transformed-renewed, sanctified, without applying themselves. It does not work that way! Learn the process of how the Bible instructs us to change biblically and what you can do to retrain your brain and get rid of sinful habits and thoughts.

Chapter 12 - Walking it Out-Your Christian life involves walking with the Lord, following Him, keeping your eyes on Jesus, truly making Him Lord of your life and having a close, personal relationship with Him. Walking with the Lord takes purpose, consistency, dedication, and a desire to be pleasing to Him above all else.

We are told in the Bible to *Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.*

How do we love God with all of our heart, soul, mind and strength? This chapter explains that and the four key daily principles for every believer to incorporate into their lives as they learn how to walk it out!

Chapter 13 - **Being an Overcomer** - This chapter explains how you can be an overcomer, rather than letting your circumstances overcome you. Being an overcomer is an ongoing process. As we walk out our faith, what do we need to watch out for? How do we keep the enemy from hindering our walk with the Lord? Learn how to hear the voice of the Lord, persevere in your faith, prefer Him, and run your race to make a difference for the Kingdom of God!

Chapter 14 - **Testimonies** - In this chapter read testimonies from people who have used this method to close doors in their lives and now live free.